

Care 2 B Well!



A NEW support group for caregivers of University of Colorado Hospital cancer patients.

This program is designed to enhance the well-being of cancer caregivers.

In general, caregivers often report as much emotional distress as patients. Feelings of uncertainty, anxiety and depression are just a few of the emotions that caregivers can deal with on a daily basis.

Presented by: Elissa Kolva, PhD and Tim Sannes, PhD

Date: Second and Fourth Thursday of each month

Time: 4:00 p.m. – 5:00 p.m.

Location: Anschutz Outpatient Pavilion Room 1603

**For further information, call:
720-848-0316**



University of Colorado
Cancer Center



University of Colorado Hospital
UNIVERSITY OF COLORADO HEALTH